Designed by Kineco

Roots

Roots features a yoke with a stitch pattern that looks like tree roots.
The yoke is first worked bottom-up from the cast-on edge.
Then, pick up and knit stitches from the bottom of the yoke to work the body and sleeves seamlessly from the top down.

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UPDATE HISTORY

2026-07-31 Full pattern text published on this page.

2021-01-01 Initial release.

YARN

Daruma Wool Mohair
[46m / 20g / 56% Mohair, 44% Merino]
col.5 approximately 552m / 240g

Zegna Baruffa Pura Lana 4 ply
[170m / 50g / 100% Merino]
col.323 approximately 748m / 220g

The two yarns are held together

NEEDLES

6.6mm / JP15 circular needle

5.7mm / JP12 circular needle

GAUGE

13 sts and 20 rows = 10cm
In Stockinette stitch with 6.6mm / JP15 needle

NOTIONS

Stitch markers

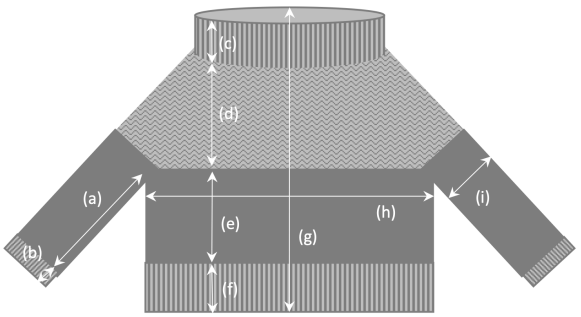
Holders

Cable needle

Crochet hook (for Crocheted Provisional Cast-On)

Scrap yarn (for Crocheted Provisional Cast-On)

MEASUREMENTS



a 30cm	b 4cm	c 6cm	d 20cm	e 15cm
f 7cm	g 54cm	h 60cm	i 15cm	

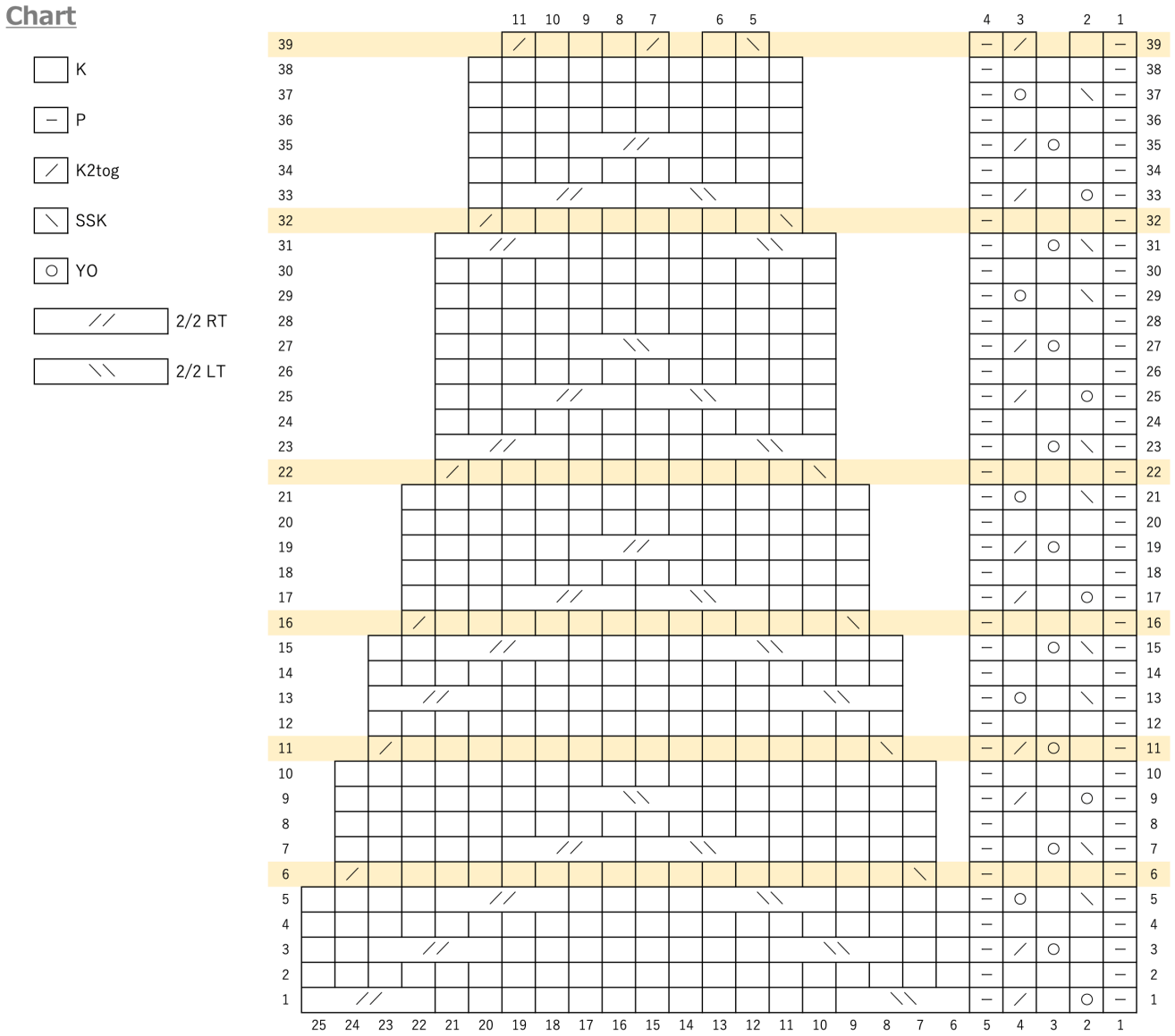
Finished body circumference approximately 120cm

ABBREVIATIONS

- R: Round
- RS: Right Side

- WS: Wrong Side
- CO: Cast on
- BO: Bind off
- BOR: Beginning Of Round
- st(s): stitch(es)
- [ ]: repeat [ ]
- dec: decrease
- M: Marker
- SM: Slip Marker
- PM: Place Marker
- K: Knit
- P: Purl
- SSK: Slip, Slip, Knit 2 stitches together through back loop
- K2tog: Knit 2 stitches together
- Sl: Slip
- YO: Yarn Over
- 2/2 RT: Sl2 to cable needle hold in back, K2, K2 from cable needle
- 2/2 LT: Sl2 to cable needle hold in front, K2, K2 from cable needle
- SR: Short Row
- MDS: Make Double Stitch
- DS: Double Stitch
- KDS: Knit Double Stitch
- PDS: Purl Double Stitch

CHART



SEC.1: YOKE

Use 6.6mm / JP15 circular needle

CO200 using scrap yarn and
Crocheted Provisional Cast-On method,
PM for BOR, Join to work in the round
> BOR is at the center of the back

SetUp: SM, K to M

Start Chart

R1-39: SM, [Chart] 8 times
> Work from R1 of Chart to R39 of Chart
> In R6, 16 sts dec, 184 sts in total
> In R11, 16 sts dec, 168 sts in total

> In R16, 16 sts dec, 152 sts in total
> In R22, 16 sts dec, 136 sts in total
> In R32, 16 sts dec, 120 sts in total
> In R39, 32 sts dec, 88 sts in total

SEC.2: NECK

Change to 5.7mm / JP12 circular needle

R1: K to M
R2-25: [K1, P1] to M
R26: BO all stitches knitwise

Fold the neck in half to the wrong side and sew in place

SEC.3: LOWER YOKE

Use 6.6mm / JP15 circular needle

Remove Crocheted Provisional Cast-On stitches of Sec.1 and
Place it on the needle, PM for BOR, Join to work in the round
> 200 sts in total, BOR is at the center of the back

SetUp: SM, K to M

Start German Short Rows (Back Yoke shaping)

SR1(RS): SM, K30, Turn
SR2(WS): MDS, P to M, SM, P30, Turn
SR3(RS): MDS, K to M, SM, K to DS, KDS, K3, Turn
SR4(WS): MDS, P to M, SM, P to DS, PDS, P3, Turn
SR5-14: [SR3-4] 5 times
SR15(RS): MDS, K to M

End German Short Rows

R1: K to M (Knitting DS)

SEC.4: BODY

Separate Sleeves and Body

SM, K36, Place 28 sleeve stitches on a holder, CO12,
K72, Place 28 sleeve stitches on a holder, CO12, K to M
> 168 sts in total

Start Body

Work **in Stockinette stitch** until body measures 15cm from underarm

SEC.5: HEM

Change to 5.7mm / JP12 circular needle

R1-15: SM, [K1, P1] to M
R16: BO all stitches knitwise

SEC.6: SLEEVES

Use 6.6mm / JP15 circular needle

R1: Pick up and knit 6 sts beginning at center of underarm,
K28 from a holder, Pick up and knit 6 sts from underarm,
PM for BOR, Join to work in the round
> 40 sts in total

R2-60: SM, K to M

SEC.7: CUFFS

Change to 5.7mm / JP12 circular needle

R1-5: SM, [K1, P1] to M
R6: BO all stitches knitwise